

Hello SFWFFL Friends,

My original intent for this week's newsletter was to be an April Fools edition, similar to those tabloids at the grocery store check out line or *The Onion*. But my creative juices were not flowing, so this is just another regular edition of *THE SFWFFLER*. There's always next year.

Last Sunday's games were intense as always. The closest game was Flaming Flags vs Honey Badgers. The game was tied with minutes remaining, and QB Kerrin Welsh had a nice run in to the end zone to edge the Badgers 12-6. In other match-ups, Tacos, First String and After Burners all scored 26 points in their respective games. Tacos and First String are both hot on four game winning streaks.

Don't forget this Sunday is Friends and Family Day. Invite everyone: family, chosen family, friends, colleagues, bosses, neighbors, even the cute barista you've been wanting to talk to... Please bring food and drinks to share!

Save The Date:
Friends & Family Day
April 7, 2019

Sunday SFWFFL Bloopers

The Scorpion Butt Fumble



The Handstand Flag Pull

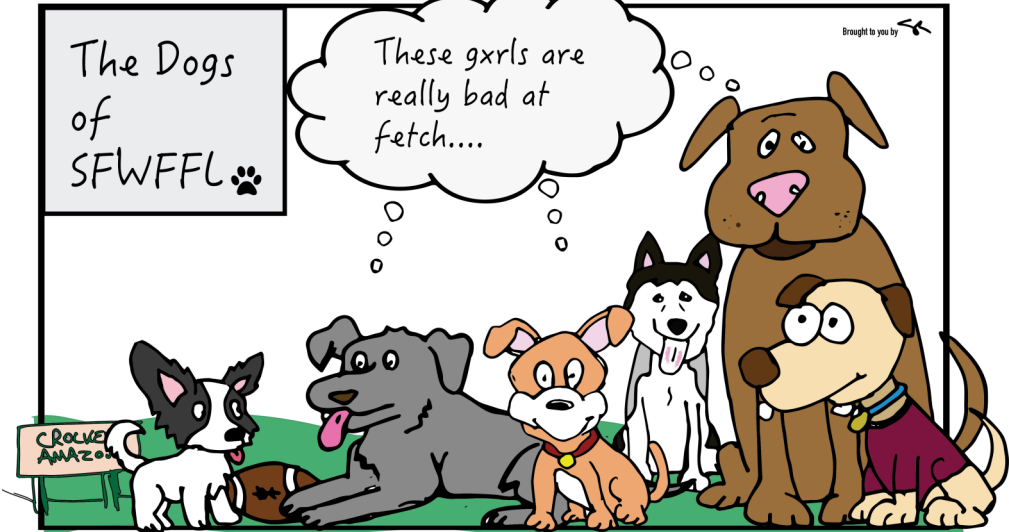
The Headless Receiver



Fourth & Goal

Comics about life as a SFWFFL Womxn

By Sam Rosenbaum (IronTails)



SFWFFL Dog of the Week: Odin

Pup: Odin
Helicopter dog mom: Erica Horn, After Burners.
(Note: Erica can be found worrying and watching Odin on her dog watching camera app whenever she is away from him.)
Dog Breed: Bloodhound , **Age:** 5
Interests: Enjoys sleeping, sniffing, and sunbathing
Special talents: Figuring out his head opens the sensor trash can, using his ears as sleeping masks, and slinging slobber onto the ceiling.
How Erica found Odin: I saw his face on an adoption website and it was love at first sight as soon as I met him. I've always wanted a bloodhound.





THE SFWFFLER

FEATURED TEAM: *Cosmos*

We are a team of committed people who like to have fun. We're definitely the cutest team in the league and one of the longest running! Peep the photo (below left) of our team from the early 2000s when we were sponsored by El Rio. We're a league staple. We've been historically known as the "stoner team" but we've cleaned up our act lately.



Alex Sylvester (she/her), #3

Hometown: Los Gatos, CA
Seasons in league: 3
Fun Fact: I've saved 3 people from drowning.
Work: Elementary school teacher at a start-up for kids with special needs.

Niki Reid (she/her), #11

Hometown: Boca Raton, FL
Seasons in league: 5
Fun Fact: I am half Panamanian.
Work: Analytics at Facebook

Ashley Trousdell (she/her), #4

Hometown: Palm Springs, CA
Seasons in league: First one!
Fun Fact: I have some wicked dance moves. I started tap dancing when I was 4!
Work: I am an Events Manager but I do a little of this & a little of that!

Jaclyn Epter (she/her)

Hometown: Jupiter, FL
Seasons in league: 4
Fun Fact: I have a twin :)
Work: Case Manager at a San Francisco based homeless org

Jules Indelicato (they/them)

Hometown: San Francisco, CA
Seasons in league: 7-8
Fun Fact: One time, I opened for Tig Notaro at The Fox.
Work: Audio Engineer / Musician / Booker

Verrottica Captain Young

Hometown: Oakland, CA.
Seasons in league: 1
Fun Fact: I can cook better than I can play Football.
Work: The People's Dispensary (National)
www.mytpd.com use Promo code: CAPTAIN for 25% off your first delivery.

SB Buchanan

Hometown: Nashville, TN
Seasons in league: 2
Fun Fact: I was a Cosmos cheerleader for 3 seasons before I joined! Thanks to my partner, Allie for pushing me to jump to the other side of the fence :)
Work: Operations Manager, Blue Bottle

Gaily Lapitan (she/her)

Hometown: Duffield, VA
Seasons in league: 3
Fun Fact: I'm a published photographer, and I've solo skydived 3 times. Also, I can fly a plane, but not licensed (never finished the course...too broke).
Work: Operations Assistant Manager, Solar Art

Michele Taa (she/her), #10

Hometown: Lathrop, Ca
Seasons in league (including this season): 3
Fun Fact: I love riding my motorcycle in my spare time
Work: Engineer Project Manager

Bianca Castro

Hometown: San Francisco, CA
Seasons in league: First one :)
Fun Fact: I have a pet snake named Valentina!
Work: Physical therapist

Allie Weiner, #6 or #1

Hometown: Manteca, CA
Seasons in league: 4
Fun Fact: I'm obsessed with poetry, Dynamo Donuts, tennis, sporcling, and gardening.
Work: Processing Manager, Conventus LLC

Alison Saelee (she/her) #28

Hometown: Oakland, CA
Seasons in league: 2
Fun Fact: I tap dance!
Work: Customer service rep & marketing coordinator, Feeney Inc

Sophie Sheeline (she/her)

Hometown: Burlingame, CA
Seasons in league: 1
Fun Fact: As a kid I dressed up as Terrell Owens for Halloween four years in a row
Work: Mechanical Engineer at Alpine Health

Dana Reik (she/her)

Hometown: San Ramon, CA
Seasons in league: 2
Fun Fact: Low key Dolly Parton mega fan & avid collector of live show setlists
Work: IT Smart Guy at IDEO

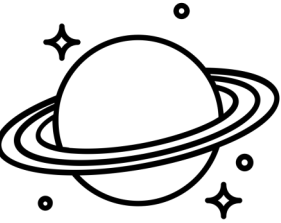
Lauren Gregory, (she/her) #8

Hometown: Long Valley, NJ
Seasons in league: 1
Fun Fact: Gave a presentation about the endangered Leatherback Sea Turtle at Night Life while receiving a tattoo of said turtle
Work: Youth Programs & Ropes Course Manager for Cal Adventures at UC Berkeley



Spring 2019, Week 6

THE SFWFFLER



Spring 2019 Schedule & Results

Week 1 March 3, 2019

9:00 AM After Burners 13 vs IronTails 6
10:00 AM Call Me's 6 vs First String 0
11:00 AM Loose Cannons 13 vs Cosmos 12
12:00 PM Honey Badgers 15 vs Tacos 6

Week 2 March 10, 2019

9:00 AM Tacos 13 vs Call Me's 0
10:00 AM First String 19 vs After Burners 0
11:00 AM IronTails 13 vs Honey Badgers 0
12:00 PM Cosmos 29 vs Flaming Flags 16

Week 3 March 17, 2019

9:00 AM Afterburners 19 vs Cosmos 19
10:00 AM Tacos 12 vs IronTails 0
11:00 AM Honey Badgers 22 vs Cannons 0
12:00 PM First String WIN vs Flags**

**Forfeit

Week 4 March 24, 2019

9:00 AM First String 20 vs Badgers 14
10:00 AM IronTails 20 vs Call Me's 6
11:00 AM Tacos 22 vs After Burners 6
12:00 PM Flaming Flags 6 vs Cannons 0

Week 5 March 31, 2019

9:00 AM Flags 12 vs Honey Badgers 6
10:00 AM Tacos 26 vs Loose Cannons 0
11:00 AM First String 26 vs Cosmos 12
12:00 PM After Burners 26 vs Call Me's 2

Week 6 April 7, 2019

FRIENDS AND FAMILY DAY!

9:00 AM First String vs Loose Cannons
10:00 AM Honey Badgers vs After Burners
11:00 AM Call Me's vs Flaming Flags
12:00 PM Cosmos vs IronTails

Week 7 April 14, 2019

9:00 AM Iron Tails vs Flaming Flags
10:00 AM Cosmos vs Call Me's
11:00 AM After Burners vs Loose Cannons
12:00 PM Tacos vs First String

Week 8 April 21, 2019

9:00 AM Loose Cannons vs Call Me's
10:00 AM Flaming Flags vs Tacos
11:00 AM First String vs IronTails
12:00 PM Honey Badgers vs Cosmos

Week 9 April 28, 2019

9:00 AM Tacos vs Cosmos
10:00 AM Honey Badgers vs Call Me's
11:00 AM Loose Cannons vs IronTails
12:00 PM After Burners vs Flaming Flags

PLAYOFFS May 5 & May 19

May 5: Consolation Game 5 v 6
May 5: Semi Finals (1 vs 4) and (2 vs 3)
May 19: Third Place Game
May 19: Championship